

# The 71<sup>st</sup> Medical Mission

**Date: February 22 (Sunday), 2026 Reception: 10:30-14:00**

Venue: Tomobe Church, Congregation of the Sacred Hearts of Jesus and Mary  
1071, Ōta-machi, Kasama-shi, Ibaraki-ken 〒309-1738  
10 minutes' walk from Tomobe Station, JR Joban line

Fee: free

For Health Check, up to 60 persons over age 15, Karihomensha or those in need without visa.

**Reservations required** (Call 090-9309-2067 after January 9, 2025. )

- ✓ Free consultation with a lawyer
- ✓ Consultation on living issues
- ✓ Bring your proof of address.
- ✓ Travel expenses covered.
- ✓ Living expense support money (5,000 yen) will be paid to Karihomensha with a provisional release permit.
- ✓ Food aid and clothing provided.
- ✓ Kids' play area available.

## <Health Check>

- ①Chest X-ray (only for those who haven't had it for a year)
- ④Weight / Height
- ③Blood pressure
- ④Dental exam
- ⑤Blood test
- ⑥Psychiatry (mental health)
- ⑦Urine test
- ⑧Mammography (on request)
- ⑨Cervical cancer screening test (on request)
- ⑩Doctor's consultation

For reservation only: **090-9309-2067** (office) **19:00-22:00 after Jan.9**

For contact/enquiry: 080-5544-7577 (Nagasawa) 19:00-22:00 everyday

## **[Notes]**

- ✧ Health check is available only for those over 15 years of age (senior high school students)
- ✧ Do not eat for 6 hours before the checkup. Just drink water.
- ✧ **Bring your face mask and wear it.**
- ✧ Please be punctual.
- ✧ Pregnant women cannot take an X-ray.
- ✧ For an X-ray, avoid clothing with metal buttons, zips, hooks, etc.

## **Getting your checkup results** (plus doctor's guidance)

**Date: March 28 (Saturday), 2026, at 13:00**

Venue: Tomobe Church, Congregation of the Sacred Hearts of Jesus and Mary

※If you cannot come for the results, we will send them to your address.

Organizers: NPO Kita-kanto Iryou Soudan-kai, Tsukuroi Tokyo Fund, Anti-Poverty Network

Co-organizers: Congregation of the Sacred Hearts of Jesus and Mary, Salesian Sisters

Sponsors: Ibaraki Catholic Lay Apostolate Council, Ibaraki Catholic Women's Association,

Ibaraki Prefecture (pending), Ibaraki Bar Association (pending)

AMIGOS

